

TIFFANY T. JACKSON, ND

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EDUCATION:

- 2002- 2006 **Southwest College of Naturopathic Medicine - Tempe, AZ**
Doctorate of Naturopathic Medicine - License # 07-991
- 1998-2001 **University of Massachusetts - Amherst**
Bachelors Degree in Naturopathic Medicine
- 1996-1998 **University of South Carolina - Columbia, Exercise Science Major**

WORK EXPERIENCE:

- 2008-Current **EcoHealth Wellness Center & Detox Spa, LLC - Owner, Mount Pleasant, South Carolina - Private Patient Practice and Public Speaker**
- 2016- Current **Natural Medicine Now, LLC - Creator of naturalmedicinenow.com, professionally produced 35 online webinars and e-books**
- 2010-2013 **Cenegenics Carolinas - Naturopathic Doctor & Nutrition Specialist, Charleston, SC & Charlotte, NC**
- 2008-2010 **The Great Plains Laboratory, Inc. - Consultant and Speaker, Kansas City, Kansas.**
- 2006-2008 **Center for Occupational and Environmental Medicine - Clinical Nutrition Specialist, North Charleston, SC**
- 2006-2007 **Wellness Watchers, LLC - Organic Supplement Company, Director of Business Development and Education.**
- 2003-2005 **Nature's Healthy Essentials Supplement Company - Student Representative and Sales - Tempe, AZ**
- 2004-2005 **Naturally Women Fitness Club, Yoga Instructor - Tempe, AZ**
- 2003-2004 **Prenatal Yoga Instructor, S.W. Yoga Institute -Tempe, AZ**
- 2002-2003 **Yoga Planet, Yoga Instructor- Tempe, AZ**
- 1999-2000 **Swartz Farm, Hydroponic Greenhouse Assistant - Amherst, MA**
- 1997-1998 **Center of Bariatric Medicine, Health Consultant - Roanoke, VA**

CLINICAL EXPERIENCE:

2008-Current	EcoHealth Wellness Center & Detox Spa – Private Practice & Corporate Wellness in Mount Pleasant, South Carolina Specialties: Gastrointestinal Disorders, Anti-Inflammatory Diets, Weight Loss, Detoxification, Autism/ADHD and Cancer Support.
2010-Sept 2013	Cenegenics Carolinas – Naturopathic Doctor and Nutrition Specialist, Charleston, SC & Charlotte, NC
2006-2008	Center for Occupational and Environmental Medicine Internship with Allan Lieberman, MD & Tim Callaghan, MD North Charleston, SC 29420
2002-2005	Southwest Naturopathic Medical Center Naturopathic Medical Student 8010 E. McDowell Rd. Suite 105. Scottsdale, AZ 85257

Clinical Rotations-120 hours:

2004-2005	Dr. Christine Sorensen, ND- Women’s Health, Minor Surgery
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Clinical Rotations-80 hours:

2004-2005	Dr. Mona Morstein, ND- Nutrition, Diabetes, GI Disorders
2004-2005	Dr. Tim Schwaiger, ND- Nutrition, Pain Therapy, Acupuncture
2004-2005	Dr. Matthew Baral, ND- Pediatrics
2004-2005	Yong Deng- Traditional Chinese Medicine, Acupuncture
2005	Dr. Vance Inuoye, ND- Physical Medicine, Acupuncture
2005	Dr. John Ballas, DC- Physical manipulation, Acupuncture

Clinical Rotations- 40 hours:

2004	Dr. Sar Varta Khalsa, ND- Homeopathy, Life Style Counseling
2004	Dr. Leslie Axelrod, ND- Acupuncture, Homeopathy, Nutrition
2004	Dr. Matthew Baral, ND- Pediatrics
2004	Dr. Suresh Anand, MD- Allergy Clinic
2005	Dr. Dye, ND- Endocrinology, Mind/Body Medicine, Diabetes
2005	Dr. Amy Whittington, ND- Pediatrics, Minor Surgery
2005	Dr. Walter Crinnion, ND- Environmental Medicine
2005	Dr. Chris Spooner, ND- Environmental Medicine, IV therapy
2005	Dr. Eric Udell , ND- Pediatrics, Homeopathy, Nutrition
2005	Dr. Nick Buratovich, ND- Physical manipulation
2005	Dr. Nicola Kettle, ND- Homeopathy, HIV support
2005	Dr. Jennifer Nevels, ND- Women’s medicine
2005	Dr. David Arneson, ND- I.V. Therapy, Detoxification
2005	Dr. Dana Keaton, ND- Cancer support, Women’s health

PUBLICATIONS, LECTURES AND PRESENTATIONS:

June 2016- Current	Natural Medicine Now - Creator of naturalmedicinnow.com, professionally produced 35 online webinars
July 2013 - Current	Online Radio Show Host: <i>EcoHealth Talk Radio</i> , Every Monday 4-6pm EST, www.kinetichifi.com
July 2009 - Current	Yearly Lecture in April, Autism Awareness Month: <i>Biomedical Treatments for Autism</i> , Whole Foods Market, Mt. Pleasant, SC.
2008 - Current	EcoHealth Wellness Center - Corporate Wellness Lectures, Fix your Gut Signature Lecture, Detoxification and Weight Loss Lectures, Autism Lectures, Kangen Water Lectures
October 2009- 2012	Quarterly Health Lectures - <i>Healthy Weight Loss, Understanding Detoxification and Grocery Store Tour</i> , Whole Foods Market, Mount Pleasant, SC
May 29, 2013	Webinar Creator and Host: <i>How to Eat like a Pro.</i>
June 12, 2013	Webinar Creator and Host: <i>Top 5 Questions to Understand Before Becoming a Patient</i>
Aug 2012	Publication Featured on SHAPE.com in Article: <i>The Worst Snacks for Your Body.</i>
Dec 12, 2012	Webinar Creator and Host: <i>The Paleo Diet - What It Is and Why Should You Care?</i>
Sept 26, 2012	Webinar Creator and Host: <i>What Everyone Should Know About Vitamins And Supplements</i>
Aug 29, 2012	Webinar Creator and Host: <i>Sex Drive - How To Earn A Gold Medal In The Bedroom</i>
July 18, 2012	Webinar Creator and Host: <i>Gastrointestinal Issues - Discover The Truth About Your Gut</i>
June 27, 2012	Webinar Creator and Host: <i>Memory Loss - Are You Losing Your Mind</i>
May 23, 2012	Webinar Creator and Host: <i>Osteoporosis - The Silent Killer</i>
April 18, 2012	Webinar Creator and Host: <i>Busting The Hormone Myths</i>
Apr 16, 2012	Lecture: Forks Over Knives Documentary , <i>Importance of Whole Foods Diet</i> , Terrace Theater, Charleston, SC
Mar 21, 2012	Webinar Creator and Host: <i>The Anti-Antidepressant: How to free yourself from anxiety and depression WITHOUT the use of antidepressants.</i>
Feb 15, 2012	Webinar Creator and Host: <i>Kick Heart Disease</i>
Jan 18, 2012	Webinar Creator and Host: <i>Stem Cells 101</i>

- Dec 14, 2011** **Webinar Creator and Host:** *Tips to Manage Holiday Stress*
- Nov 16, 2011** **Webinar Creator and Host:** *Have a Flat Belly Through the Holidays*
- June 17, 2011** **Health Conference Lecture:** *Probiotics, Enzymes, and GI Health, The North Carolina Integrative Medical Society, Asheville, NC.*
- Aug 15, 2011** **Corporate Wellness Lecture:** *Healthy Nutrition, Understanding Food Sensitivities & De-Stress at Your Desk, MeadWestVaco, North Charleston*
- April 26, 2010** **Guest Speaker on BlogTalk Radio with Host Scot Ferrell,** *Depression Questions Answered*
- April 12, 2010** **Guest Speaker on BlogTalk Radio with Host Scot Ferrell,** *Weight Loss*
- Aug 2010** **Publication:** *Nutritional Support for Autism and ADHD, Natural Awakenings Magazine, Charleston, SC*
- May 2009** **Lecture:** *Successful Weight Loss, Blackbaud, Daniel Island, SC*
- Feb 2009** **Lecture:** *Detoxification for Optimal Health, Harbor Club, Charleston, SC*
- Jan 2009** **Lecture:** *Autism Biomedical Treatments, Whole Foods Market Mt Pleasant, SC*
- Jan 2009** **Publication:** *Could you have a nutritional deficiency? Your Beauty Magazine, Mount Pleasant, SC*
- July 2009** **Lecture-** *Biomedical Treatments for Autism, Whole Foods Market, Mount Pleasant, SC*
- May 2009** **Lecture-** *Successful Weight Loss- Blackbaud, Daniel Island, SC*
- Mar 2009** **Lecture- Understanding Comprehensive Lab Panels for Chronic Disorders,** International College of Integrative Medicine: Nashville, TN
- Aug 2008** **Lecture:** *Toxicity and Autism, National College of Naturopathic Medicine. Portland, Oregon.*
- Dec 2007** **Radio:** WQSC 1340 AM-- Real 1340, 30-Minute Morning Show Appearance- *ADHD/AUTISM Awareness and Natural Treatments.*
- Nov 2007** **T.V. Appearance - Breast Cancer Prevention through Breast Thermography and Nutrition.** The Tammy Brown Show, Comcast.
- April 2007** **Lecture:** *Nutritional Therapy for Autism, Great Plains Laboratory- Autism Outreach Seminar, Radisson Hotel. Charleston, SC*

CONTINUING EDUCATION:

June 2013	Kangen Water Conference: Understanding the Health Benefits of Ionized, Alkaline Water – Orlando, Florida
Nov 2012	Age Management Medicine Group (AGGM) 13th Clinical Application for Age Management Medicine Conference – Las Vegas
June 2011	North Carolina Integrative Medical Society Conference, <i>Digestion End to End.</i> Asheville, NC.
Nov 2010	Arizona Naturopathic Medical Conference - Phoenix, Arizona
Nov 2010	American College for Advancement Medicine - Las Vegas, NV
Oct 2010	Restorative Medicine Conference, Wilson’s Temperature Syndrome Certification; Sedona, AZ
Aug 2010	American Association Naturopathic Conference - Portland, OR
November 2009	New Hampshire Association of Naturopathic Physicians Nashua, New Hampshire
November 2009	American Association Environmental Medicine - Chandler, AZ
October 2009	Restorative Medicine Conference – Vermont
October 2009	DAN! Doctor Training (Defeat Autism Now Physician Training DAN! Doctor) - Dallas, Texas
October 2009	International College of Integrative Medicine Conference Grand Rapids, MI
August 2009	American Association of Naturopathic Physicians Conference Tacoma, WA
June 2009	Mini-DAN! Oklahoma City, OK (Defeat Autism Now)
May 2009	Tourette’s, Depression, & OCD Conference – Dallas, TX
April 2009	Northwest Naturopathic Physician’s Conference – Seattle, WA
March 2009	International College of Integrative Medicine – Seeking Global Advances in Health Care, Indianapolis, Indiana.
August 2008	American Association Naturopathic Physician Conference Phoenix, Arizona
April 2008	Northwest Naturopathic Medical Conference. Vancouver, BC
Aug 2005	American Association Naturopathic Physician Conference Phoenix, AZ

May 2005	The Scientific Basis for The Clinical Application of Functional Neurology. Donald C. Baker, NMD- Mesa, AZ (12 hours)
May 2005	Autoimmune Disease & Reproductive Health, Herbalist Amanda Lovett Jones (4 hours), Tempe, AZ.
Aug 2003	American Association Naturopathic Physician Conference Portland, OR
Aug 2003	Breath Transformation - Palm Springs, CA
July 2003	Sundance Festival - Navajo Indian Reservation, AZ
Apr 2003	Denise Gilhart - Raw Foods Cooking Class- Tempe, AZ
Mar 2003	Ashtanga Yoga Workshop, Yoga Planet- Tempe, AZ
Mar 2003	Reevis Mountain - School of Self Reliance and Southwest Botanical Herbs; Globe, AZ

RESEARCH PROJECTS:

2005	Diabetes Research - Worked under Dr. Morstein, Consulted an expert panel of Naturopathic Physicians to determine essential components of an intervention protocol for Type 2 diabetes.
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PROFESSIONAL AFFILIATIONS:

2005-2008	American Association Naturopathic Medicine
2003-2005	DONA- Doula's of North America

CERTIFICATIONS:

2006-Current	Yoga Teaching Certification, Yoga Alliance
2009-2012	Wilson's Temperature Syndrome Certification (Hypothyroid and Adrenal Fatigue Connection)
June 2009-2011	DAN! Doctor Physician Training Certification- Dallas, Texas (Defeat Autism Now Doctor Certification)
2004	CPR- American Safety and Health Institute
2003	Reevis Mountain- Southwest Botanical Herbs Certification
2002	Transbeat Yoga Teacher Certification- Tempe AZ
2000	First Degree in the Reiki Method of Natural Healing, Usui System of Natural Healing.
2000	Certified Hypnotherapist by the Hypnosis International Board